**Appetisers** Papadum (plain) V.... £0.50 .. £0.60 Papadum (spicy) V..... Chutney (per person) V...... £0.50 **VEGETARIAN** Vegetable Samosa V ...... £4.95 (Crisp triangular pastry stuffed with herbs and spicy vegetables) Aloo Poori V (Deep fried potato rounds coated and spices)£4.95 Kabli Bhajee V.... (An authentic bazaar dish of chickpeas, pan fried with onions and kashmiri massala) Onion Bhajee (onion crisp jitters) V .... Vegetable Pakura V(Original vegetables coated in massala)£4.95 Lentil or Mulligatawny Soup V...... Aloo Chat (Potatoes with hot & sour sauce) V...... ....£5.95 **NON-VEGETARIAN** Chicken Samosa..... £5.95 £5.95 Meat Samosa..... Pimento Chicken... £5.95 (Long green pepper stuffed with finely chopped chicken and fresh coriander) Chicken Chat. (Fillets of chicken with hot & sour sauce)..... £6.95 Shami Kebab (Ground Meat patties delicately spiced) ....... £5.95 £6.95 Prawn Puri ..... (Spicy & succulent prawns on Indian fried bread) Prawn Cocktail... King Prawn Puri ..... £7.95 (Spicy & succulent king prawns on Indian fried bread) King Prawn Butterfly .... .£6.95 (Succulent king prawn dipped in special batter and deep fried) Balti Surat Chicken .... £5.95 (Breast of chicken in special batter and roasted spices) TANDOORI STARTER Chicken Kebab .... £5.95 Tandoori Chicken...... £5.95 (1/4 with tandoori spices, cooked in clay oven) Chicken Tikka or Lamb Tikka ... £5.95 (Off the bone marinated spices of chicken cooked as above) Sheek Kebab (Spicy minced meat cooked in day oven) ...... £5.95

Special Nan Kebab	£5.95
(Fluffy Indian bread stuffed with highly spiced mince	
meat cooked in clay oven)	
Mix Tandoori (Cubes of chicken, Lamb and sheek keb	ab).£ <b>6.9</b> 5
Tandoori Dishes	
Meat or chicken marinated in a blend of freshly ground sp	
herbs and home made yoghurt barbecued in a clay over	en,
served sizzling with crisp green salad.	
Tandoori Chicken (Half)	£10.95
Tandoori Chicken (Full)	£16.95
Chicken Tikka or Lamb Tikka	£13.95
Chicken or Lamb Shaslick	
(Skewered with capsicum, tomato and onion)	
Mixed Tandoori (With Tarka dal or Veg curry)	£18.95
Tandoori Lamb Chops	
Tandoori King Prawn	
(Succulent king prawn marinated in ginger garlic & fresh	2 10.7 5
herbs, cooked in a clay oven)	
Tandoori King Prawn Shaslick	£18.95
Grilled or Tandoori Roop Chandha	
Gilled of Idildoon Roop Chandia	<i>L</i> 1 1.7 <i>J</i>

**Poultry** 

1 outtly
Chicken Curry (Medium)£ 10.95
Chicken Madras or Vindaloo (Hot & very hot)£11.95
Chicken Korma (Mild with coconut powder)£11.95
Chicken Bhoona£11.95
Chicken Dopiaza (Medium with cube cut onions)£11.95
Korahi Chicken (Medium with dryish)£11.95
(Fillets of tender breast chicken in slightly spiced sauce)
Musallum Chicken£11.95
(Slightly hot cooked with special Kashmiri massala)
Chicken Jalferezi£11.95
(Tender chicken cooked with fresh coriander and green chilli to a Bengal recipe)
Chicken Rogon (Medium with fried tomatoes)£11.95
Garlic Chicken£11.95
(An aromatic dish with garlic, medium strength)
Chicken Saag (Chicken with spinach, medium strength)£ 11.95
Chicken Dhansak (Chicken in hot, sweet sower lentil sauce) £ 11.95
Chicken Kalia£11.95
(A Bengal dish using spicy chicken & chunk of curried
potatoes with medium sauce)

Meat Curry Dishes

Mical Cully Dishes	
Meat Curry (Medium)	£12.95
Meat Madras or Vindaloo (Fairly hot & very hot)	
Meat Korma (Very mild with coconut powder)	£12.95
Meat Bhoona (Dryish and medium)	.£12.95
Musallam Meat	.£12.95
(Slightly hot with special Kashmiri massala)	
Meat Kalia	.£12.95
(A Bengal dish using juicy Meat and chunks of curried	
potatoes in a medium sauce)	
Rogon Gosth (Tender Meat with fried tomatoes)	.£12.95
Sag Gosth (Meat with spinach)	.£12.95
Meat Jalferezi	.£12.95
(Tender Meat cooked with fresh corianders and	
green chilli to a Bengal recipe)	
Meat Dhansak (Meat in a hot, sweet & sour lentil sauce)	£12.95
Meat Korahi (Tender diced cubes of Meat)	£12.95
Meat Dopiaza (Medium)	
•	

#### **Vegetarian Dishes**

Vegetable Bhoona V / Korma	£9.95
Vegetable Mardras / Dhansak or Jalfrazi V	£9.95
Vegetable Korahi (Spicy vegetable dish) V	£9.95
Achari Vegetable (Cooked with pickle) V	£10.95

### **Chef's Speciality**

Murogh Masala	
(Chicken tikka with mince meat, and boiled egg, medium spi Chicken or Meat Shatkora	,
(Medium spiced, aromatic Bengali dish	E 13.73
Chicken Tikka Nagga (With hot spicy sauce)	
Chicken Hussainy	£15.95
(Chicken fillet with fresh coriander chilli, onion and can be ordered with aubergine and served with Vegetable Curry or E	al)
Fish Hussainy	,
(Fish fillet with fresh coriander chilli, onion and can be	\_I\
ordered with aubergine and served with Vegetable Curry or E Coriander Chicken Grill	
(Coriander, Chilli, Garlic and Ginger paste marinated in	L 17.7 S
a freshly blend and served with Tarka Dal)	0.10.05
Lamb Shank(Cooked using chef's choice recipe, a combination of	£ 18.95
special selected spices & herbs)	
King Prawn Coriander Chilli Grill	£18.95
(Coriander, Chilli, Garlic and Ginger paste marinated	

in a freshly blend and served with Tarka Dal)

**Balti Specialities** 

Cooked in an iron wok with a unique blend of herbs and spices, onions, green pepper and tomatoes, producing a lovely tangy but spicy flavour

pepper and tomatoes, producing a lovely tangy but spicy in	avoui
Balti Chicken	
Balti Garlic Chilli Chicken	£13.95
Baltt Chicken Tikka	£12.95
Balti Chicken Bhoona/ Dopiaza/ Korma	£12.95
Balti Chicken Rogonjosh	£12.95
Balti Chicken Jalferezi /Madras/ Vindaloo	£12.95
Bafti Chicken Dhansak	£12.95
Balti Chicken Pathia	£12.95
Balti Saag Chicken	
Balti Chicken Tikka Massala	£13.95
Balti Karahi Chicken	£12.95
Balti Meat	
Balti Garlic Chilli Meat	£14.95
Balti Meat Tikka	
Balti Meat Bhoona/ Dopiaza/ Korma	£13.95
Balti Meat Rogonjosh	£13.95
Balti Meat DhansaK	£13.95
Balti Meat Pathia	£13.95
Balti Saag Meat	£13.95
Balti Meat Tikka Massala	£14.95
Balti Meat Jalferezi/ Madras/ Vindaioo	£13.95
Balti Karahi Meat	£13.95
Balti Vegetable Massala	
Balti Vegetable V	
Balti Indian Vegetable Jal V	£11.95

# **Preem Specialities**

Lemon Chana Chicken or Meat	
(An aromatic dish using freshly chopped lemor	ı fragrant
herbs & chick peas)	
Chicken, Meat or Prawn Shobzi	£13.95
(With green herbs, five spices, mint and mixed	vegetables)
Chicken or Meat Tikka Massala	£13.95
(Barbecued cubes of chicken or meat, cooked	with
ground almond in a creamy sauce)	
Chicken or Lamb Pasanda	£13.95
(Tender fillets of tikka, curried in a rich but mild	
Chicken Khaiber	£15.95
(This unique dish of half spring chicken cooked	l in a clay oven,
then sauces in peeled tomato, fresh garlic & m	
Chicken or Meat Hunza	£14.95
(This highly flavoured dish with slight hint of fre	
Orange zest, medium spiced)	
Butter Chicken	£13.95
(Tandoori chicken off the bone cooked in a but	
sauce worn fresh cream & sauce)	
Achari Chicken or Meat	£13.95
Achari King Prawn	
King Prawn Tapa	
(Chopped king prawns cooked with special swe	
Tandoori King Prawn Massala	
(King prawn marinated in fresh ginger herbs, c	
a clay oven curried in creamy sauce)	ookoa iii
a stay ston sumsum stoamy sudsey	

Spice Guide: V vegan - We do not use any GM crop and we use only Rapeseed oil. If you want Naga £1 extra (Bangladeshi hot and spicy naga chilli)

### **House Specialities**

Meat or Chicken	£13.95
With jhinga or aubergine or bhindi or uribicee	
Chicken Kofta	£13.95
If you want Naga	£1 extra
(Bangladeshi hot and spicy naga chilli)	

### **Biryani Dishes**

Chicken or Meat Biryani	£14.95
Prawn Biryani	£14.95
King Prawn Biryani	£18.95
Chicken or Meat Tikka Biryani	£15.95
Vegetable Biryani V	£11.95
Preem Special Biryani	£16.95
(Chicken, Lamb, Prawn, Vegetable)	

## **Vegetable Side Dishes**

C	
Mixed Vegetable Curry V	£4.95
Mixed Dry Vegetable V	£4.95
Saag Bhajee (Spinach) V	£4.95
Bombay Aloo (Hot & spicy potato) V	
Cauliflower / Mushroom Bhajee V	£4.95
Brinjal Bhajee (Aubergine) V	£4.95
Bhendi Bhajee (Okra) V	£4.95
Chana Masalla (Chick peas cooked in spices) V	£4.95
Aloo Gobi (Potato & cauliflower) V	£4.95
Dall (Plain, tarka or Masalla) V	£4.95
Saag Aloo (Potato & spinach) V	£4.95
Dall Samba (Slightly spiced) V	£4.95
(mixed vegetables with red lentis)	
Saag Ponir (Spinach with home made cheese)	£5.95
Motor Ponir	£5.95
(Peas with home made cheese)	
Ponir Korma	£5.95
(Home made cheese with korma sauce)	

#### Rice & Breads

Coconut Rice V	£4.00
Lemon Rice V	£4.00
Special Pulao Rice (with egg & peas)	£4.00
Pulao Rice	£3.40
Plain Boiled Rice V	£3.00
Mushroom / Keema Rice	£4.45
Nan	£2.45
Keema Nan (Nan with minced meat)	£4.45
Peshwari Nan (With almond & cream)	
Garlic Nan	
(Nan with chopped fresh garlic)	
Chilli Nan (Nan with chopped fresh chillies)	
Cheese Nan	£4.45
Tandoori Roti V	£2.45
(Indian bread cooked in a clay oven)	
Paratha / Stuffed Paratha V	
Chapati/Chips V	
Onion or Cucumber Raitha	£2.75



#### Fish Starter

Fish Starter	
Fish Kebab	£5.95
Prawn Puri	
(Spicy & succulent prawns on Indian fried bread)	
Prawn Cocktail	£5.95
King Prawn Puri	£7.95
King Prawn Butterfly	£6.95
(Succulent king prawn dipped in special batter and deep frie	ed)
Fish Main Dishes	040.05
Tandoori King Prawn	£ 18.95
herbs, cooked in a clay oven	
Tandoori Salmon with grilled onion	
Steak Salmon with grilled onion	
Salmon with aubergine	£15.00
Salmon with mix vegetable	
Tandoori King Prawn ShaslickGrilled or Tandoori Roop Chandha	£10.75
Balti King Prawn Massala	£1795
Balti King Prawn Jalferezi	£17.75
Baltl King Prawn	
Baiti Garlic Chilli Prawn	
Balti Prawn Massala	
Balti Prawn Jalferezi	£12.95
Balti Karahi Prawn	
Fish Hussainy	£14.95
(Fish fillet with fresh corlander chilli, onlon and can be ordered with aubergine and served with Vegetable Curry or I	Dal)
King Prawn Shatkora	£18.95
(Medium spiced, aromatic Bengali dish) King Prawn Coriander Chilli Grill	
Coriander, Chilli, Garlic and Ginger paste marinated in a fres	m.£18.95
and served with Tarka Dal	
Achari Prawn	
Achari King Prawn	
King Prawn Tapa(Chopped king prawns cooked with special sweet & sour	£ 18.95
medium sauce)	
Tandoori King Prawn Massala	£18.95
King prawn marinated in fresh ginger herbs, cooked in a clay oven curried in creamy sauc	
Fish Biraan	£11.95
Fried fish in special dry sauce with herbs & spices	0.44.05
Fish Kofta	
Fish Bhoona	
Fish DopiazaFish Dhansak	
Fish Jalferezi	
Fish Jhinga	
Bangladeshi vegetable	2 11.7 3
Fish Aubergine	
Fish Bhindi	
Fish Uri bicee	£11.95
Bangladeshi green Lentils Fish Tikka	£11.95
Prawn Curry	
(Medium)	
Prawn Madras or Vindaloo	£11.95

(Hot & very hot)

Prawn Bhoona	£11.95
(Medium and dryish)	
Prawn Korma	£11.95
(Mild)	
Prawn Musallam	£11.95
(Slightly hot with Kashmiri massala)	
Prawn Sag (Prawn with spinach)	£11.95
Prawn Dhansak	£11.95
(Hot, sweet & sour with thick lentil sauce)	
Prawn Jalferezi	£11.95
(Prawns cooked with fresh coriander & green chilli to a Benga	ıl recipe)
King Prawn Curry	
(Medium)	
King Prawn Madras or Vindaloo	£15 95
(Hot very hot)	
King Prawn Korma	£15 95
(Mild)	
King Prawn Bhoona	£15.95
(Medium)	
Musallam King Prawn	£15.95
King Prawn Rogon	
King Prawn Caag	C15.75
King Prawn Saag	E 13.73
King Prawn Dhansak	£ 15.95
King Prawn Jalferezi	
(Cooked with fresh coriander & green chilli to a Bengal recipe	)
with chitol fish	0.47.07
Prawn Biryani	£13.95
King Prawn Biryani	£18.95
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# PREEM SET MEAL SPECIAL

Papadum, Chicken Tikka, Onion Bhajee, Chicken Tikka Masalla, Meat Bhoona, Sag Aioo, Pulao Rice & Garlic Nan.

MEAL FOR TWO£	35.00
MEAL FOR FOUR£	70.00

# PREEM VEGETARIAN SET MEAL SPECIAL

Papadum, Kabli Bhajee, Vegetable Pakura, Balti Vegetable Massala, Vegetable Jalferezi, Sag Ponir, Pulao Rice & Nan.

MEAL FOR TWO	£35.00
MEAL FOR FOUR	£60.00

# PREEM SPECIAL FISH SET MEAL

Papadum, Onion Bhajee, Fish Jalferezi, Fish Bhuna / Steak Salmon with grilled onion / Tandoori Salmon with grilled onion / Any Vegetable Side Dish, Pulao Rice & Garlic Nan

MEAL FOR TWO	£35.00
(Starter with two main dish)	
MEAL FOR FOUR	£70.00
(Ctartar with four main dish)	



#### **RESTAURANT & BALTI HOUSE**

122-120 Brick Lane, London El 6RL www.preembricklane.com



Open seven days a week 12pm-2am
To order by phone, please call 0207 247 0397 or 0207 377 5252